

# CONNECTIONS

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A few words from our Director General ...

## DEAR ETSB PARENTS & GUARDIANS,

It's amazing how quickly time flies! It feels like just yesterday when we were all looking forward to March break, and now we are in the final stretch with only six weeks left in the school year.

During a recent visit to an innovative high school in New York with an ETSB school team, I saw a powerful poster in the hallway that said, "There are 42 Days Left of Instructional Time, Let's Make it Count!" It reminded me that every moment of learning is precious. As we approach the end of the year, my wish for all of us is to make every learning moment count! Encourage your children to ask questions, never give up and believe in themselves. Let's nurture their curiosity, resilience and self-confidence.

I want to thank you for your dedication as a parent. Your support for education and your child's journey means a lot. Soon, our students will be showcasing what they have learned, and they

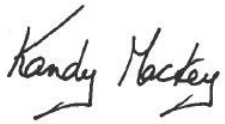


might feel a bit nervous about assessments. Your reassurance and calm presence are so important. Remember to help them maintain a balanced routine with enough sleep, healthy meals and breaks for relaxation or fun activities. A well-rested and nourished child can handle the end-of-year challenges better.

As we wrap up the year, there will be exciting activities, outings and celebrations that always contribute to our students' well-being. If you get the chance to join in, I hope you enjoy these moments as much as your children will. It takes a lot of planning and effort to organize these events, and I want to extend a special thank you to all our staff and parent volunteers who make these experiences possible.

Since this is our last message for the year, I also want to wish you a fantastic summer ahead. Take this time to recharge and make wonderful memories with your family and friends. Enjoy every moment, and we look forward to welcoming everyone again in late August.

Sincerely,



Kandy Mackey  
Your Director General



# Pedagogical Educational Services

## Resources to Support Your Child in Preparing for Final Exams

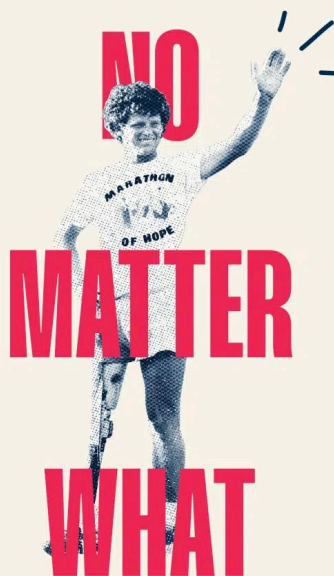
With ministerial exams just around the corner, stress and anxiety may be at an all-time high. To address some of these challenges, here are some interesting tips focusing on academic success habits and practices to support your child in preparing for upcoming exams.

- <https://www.intelligent.com/create-a-study-plan/>
- <https://www.intelligent.com/study-smart-before-exams/>
- <https://www.intelligent.com/take-effective-notes/>
- <https://www.intelligent.com/manage-your-stress/>
- <https://www.intelligent.com/use-test-taking-strategies-on-exam-day/>



### Summer Reading

Looking forward to some summer reading to enjoy with your child? Why not access our [Virtual Library](#), with access to the [Tumblebook Library](#), podcasts and much more. "Books and doors are similar. You open them, and access another world."



Terry Fox School Run

### ETSB SCHOOLS HONORED

Three ETSB schools have been honored by the Terry Fox Foundation, earning spots among the "Top 50 Fundraisers of Quebec." Butler Elementary School secured the 19th position, raising an impressive \$9,036 for cancer research. Massey-Vanier High School followed closely, claiming 24th place with a commendable \$8,232 contribution. Not far behind, Heroes' Memorial Elementary School achieved 36th place, raising \$5,923. We extend our heartfelt congratulations to these three schools, as well as to all others who participated in the Marathon of Hope, for their unwavering support of this noble cause.



# ADULT EDUCATION

## New Plumbing and Heating training offered at LVTC

Registration is now open

Deadline to Register is **June 21st**  
Register now at [www.admissionfp.com](http://www.admissionfp.com)

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- Great field for aspiring entrepreneurs

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### LVTC PROGRAMS

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- Plumbing & Heating
- Accounting
- Secretarial
- Professional Sales
  - Sales Representation

Click to REGISTER

## Complementary Educational Services



### Whooping Cough

Thank you for being on the lookout for any symptoms common to the whooping cough. There has been a reported upsurge in cases for our region. Please take note of resources and information available in this [letter](#) from the CIUSSS.





# SCHOOL ELECTIONS

Are you ready to exercise your democratic right and vote in the upcoming **School Board Elections** on **November 3<sup>rd</sup> 2024?!**

Even if you have a child attending a school of the Eastern Townships School Board (ETSB), it's best to make sure that you and your family members are on the voter electoral list!

- Check by calling Elections Quebec (418) 528-0422 / toll free 1-888-353-2846 or the School Board at (819) 868-3100, ext. 55025;
- If you are not on the list or for any other questions, contact the ETSB's Returning Officer, Marie-Andrée Lafrance, at the Board's number above or by email [secgen@etsb.qc.ca](mailto:secgen@etsb.qc.ca).

## **Have a voice - VOTE!**

Elections information is also available on the ETSB website!