

STUDENT BULLETIN

[School website](#)

Day 2

September 29, 2026

IMPORTANT DATES

Sept. 30 - Orange Shirt Day
Oct. 2 - Spirit Day
Oct. 5 - PED DAY (replacing the one on May 25)
Oct. 19 - Grad Photos
Oct. 27 - Vaccination clinic (Level 3 students)
April 19 - Vaccination clinic (Level 3 students)

[SCHOOL CALENDAR 2026-2027](#)

[BUS DELAYS](#)

REPORTING AN ABSENCE-Call 819-563-0770

CYCLE 1 & MAPS (yellow house): ext. 22092
CYCLE 2 & WOTP (blue house): ext. 22093

OUT OF BOUNDS AREAS

- Baseball, Lower soccer & upper football fields
- Central stairwells (unless going to Central Office, Student Activities/Services/School nurse)
- Blue/Green + Voc. Ed. Parking lots

GENERAL REMINDERS

- No food deliveries.
- No using vending machines during class time.
- No Bluetooth speakers in all common areas.
- Keep your backpack in your locker.
- No switching lockers.
- Outside doors: use Door 2 or 16 at lunch/recess.
- No temporary bus passes & stop changes.
- Don't forget to use the garbage cans outside!!!
- [Code of conduct](#) (including dress code)
- *Late students need to ring Door 2 to get in the school**



MENU

Tuesday: Chicken Noodle Soup, Sloppy Joe
Wednesday: Potato Bacon Soup, Hot Chicken Sandwich
Thursday: Vegetable Soup, Big Mac Wraps, Potato Wedges
Friday: Taco Salad

HELP DESK-Hallway next to Central Office

Tuesday & Thursday 10:50-11:05 and 12:35-13:05

[COMMUNITY LINKS](#)-Need....

...someone to talk / help with cyberbullying, job search, c.v., legal matters, sexual health, etc.

DETENTION INFO: Everyday in B-206 at 12:20pm. Bring homework, paper & pens only. No Chromebook. Bring your lunch or it will be an escorted trip to the cafeteria at 12:45pm.

GAME AND PRACTICE SCHEDULE:

Tuesday, September 29

Cross Country running @ Stanstead College Race #2 at 1pm (dismissal 11:35am)

Bantam boys Galt Pipers (1) soccer @ BCS 4:15pm (dismissal 3:15pm)

Stanstead College @ Bantam girls soccer 4:15pm (dismissal 3:40pm) (senior field)

- 1 bus to Stanstead College at 11:45am, return 3:30pm, arrival to Galt 4:15pm
- 1 bus to BCS at 3:30pm, no return, parents pick-up at BCS
- No late buses

Wednesday, September 30 (ORANGE SHIRT DAY)

Senior boys basketball try-outs 12:30-1pm

Bantam girls soccer 4pm-5:30pm (field by cabin)

Bantam boys soccer 4pm-5:45pm (field by road)

Junior girls soccer 4pm-5:45pm (Senior field)

Junior boys soccer 4pm-5:45pm (football field)

Senior girls soccer 4pm-5:45pm (Senior field)

Senior boys soccer 4pm-5:45pm (football field)

Senior girls flag football 4pm-5:45pm (softball field)

Cross Country Running 4pm-5:45pm

- 3 late buses at 6pm for Magog, Stanstead, and Bury

Thursday, October 1

Senior boys Basketball try-outs 12:30-1pm

Stanstead College @ Junior girls soccer 4:15pm (dismissal 3:40pm) (senior field)

BCS @ Bantam girls soccer 4:15pm (dismissal 3:40pm) (field with cabin)

- No late buses

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Every Child Matters Walk (Orange Shirt Day)

Join us in honoring and remembering residential school survivors at Bishop's University.

- **Event Date & Time:** Wednesday, September 30, 2026, at 12:30 PM
- **Location:** Bishop's University
- **How to Join:** Pick up a permission form from **Berkay** in room **O-201** starting this Monday.
- **Deadline:** Signed forms (requiring both parent and teacher signatures) must be submitted by **Monday, September 21, 2026.**

Note: Spots are limited and will be filled on a first-come, first-served basis.

SPORTS TEAMS REGISTRATION

Time to register for our Basketball teams, Girls Volleyball team, and Swim team!

You must register using your ETSB email.

Click the link to register:

<https://forms.gle/nMThVwML8kDMckxE9>



Orange Shirt Day Library Contest

Everyone (including staff) who stops in the library wearing an orange shirt on September 30 gets a participation ticket to win a prize!

The draw will be done during Block 3 and the winner will be announced at the end of Block 3.



WEEKLY TIP by your Community Officer

Remember that photos and videos are never completely deleted from a device, even if you think they are. So, avoid putting yourself in a compromising situation on social media or a private message. Police technicians can recover deleted content if necessary.

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EUROPE TRIP

For any **Sec. 5** students still thinking about going on the Europe Trip this year to **Switzerland**, **Italy**, **France** and **Monaco**, the deadline to sign up is coming up fast in October.

For more information, please see Mr. Hynd in B309.

Thanks a lot!

New 2 You

The school thrift store is open on Wednesdays from 12:20-1PM in O309.

All items are 1\$, except for coats at 3\$!



SCIENCE FAIR PROJECTS

Any student interested in doing a science fair project this year should see **Mr. Learned in Y209** before the end of September.

Registration for the regional science fair in early February. The actual competition will take place in March at the University of Sherbrooke, so it is important to get started early.

-Mr. Learned

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Patient Navigator Program A New Resource From the Townshippers' Association

Have you ever left a medical appointment feeling more confused than when you arrived? Maybe the doctor spoke too quickly. Maybe there were medical terms you didn't understand. To that, add the fact that it is all happening in your second language. This is the reality for many English-speaking Quebecers. While English-speaking Quebecers have the right to receive health and social services in English, in practice, access is not always guaranteed.

Sometimes all that's needed is someone to help bridge that gap and ensure everyone is on the same page. For many English-speaking residents in Estrie, navigating Quebec's healthcare system can feel overwhelming, stressful, and sometimes even isolating.

That is why the Patient Navigation Network (PNN) exists.

Townshippers' Association's Patient Navigator is a free service that can help individuals prepare for their upcoming appointments, communicate their concerns, and accompany them during their appointments.

Getting started is simple and completely free. Contact Isabelle Bazin by email at patientnavigator@townshippers.org, or call/text 819 349-4972. Office hours are Monday to Wednesday.

Healthcare can be complicated, but finding support shouldn't be.

Here to support you

The healthcare system can be overwhelming, especially when services aren't offered in your preferred language.

Our Patient Navigator is here to help you understand your options, prepare for appointments, connect you with resources, and support you every step of the way.

- Free**
There is no cost to you.
- Confidential**
Your privacy is always respected.
- Here to help**
We're with you every step of the way.

Need help navigating Quebec's healthcare system?

Our Patient Navigator is here to help!

Let's Connect

Contact us by phone, email, or text.
Our Patient Navigator is available Monday to Wednesday.
Messages will be returned as soon as possible during business hours.

819.349.4972
 patientnavigator@townshippers.org

How can a Patient Navigator help?

Whether you're attending an appointment, receiving treatment, or caring for a loved one, think of our **Patient Navigator as a friend with a map**—walking beside you to help you feel more informed, prepared, and supported throughout your healthcare journey.

- Understand the healthcare system**
We help you understand your options and what to expect.
- Connect you with community resources**
We link you to local services that can help.
- Prepare for medical appointments**
We help you get ready, answer your questions, and complete forms if needed.
- Help communicate with healthcare professionals**
We make sure your questions and concerns are understood.
- Accompany you to appointments**
We'll be by your side for support and reassurance.
- Support you before, during, and after your care**
We're with you every step of the way.

In partnership with:

This initiative is made possible through funding from:

Québec

English-language support for residents of the Eastern Townships.

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Library Reminders

Indigenous Peoples Awareness Month activities:

- Food tastings (Sept. 9, 16, 23, 30)
- Orange Shirt Day (Wednesday Sept. 30)

Equipment Loans:

- Please note that Equipment loans will only begin as of September 8th
- Equipment loans can only be done during recess and at the end of lunch hour (last 10 minutes before the bell)
- If students need to borrow equipment during class time, they need written permission from their teacher

If you have suggestions of books, activities, projects, please come see us!

LIBRARY RULES

1. RESPECT everyone and materials.
2. No computers or personal devices at recess and lunch.
3. Keep noise to a minimum to maintain a quiet environment.
4. Food or drinks in the bistro ONLY.
5. Return borrowed books on time to avoid fines.
6. Handle all materials with care to prevent damage.



SCHOOL NURSE

I'm here for you!

Make an appointment here >

STBBI (sexually transmitted blood borne infections) screening

Free condoms

Contraception

Morning-after pill

Pregnancy test

Depo-Provera injection

It's free and confidential!

Or write to me: pyen@etsb.qc.ca



Centre intégré
universitaire de santé
et de services sociaux
de l'Est - Centre
hospitalier universitaire
de Sherbrooke

Québec